

Appendix 10 _OS Field Trip to Campsie Hills

Title: Field Trip to Campsie Hills, Ballagen Glen
Type: Invitation Email
Event: _OS FIELD TRIP TO THE RURAL
Format: Field Trip/ Proposition
Date: 5 March 2011
Time: 9-7pm
Contributors: _OS, 2 Naturalists, 1 from Centre for Human Ecology a
Audio File: 151_BallagenGlenMiriam5thMar

_OS Field Trip to Campsie Hills for hang-saturday 5th march PLEASE RSVP!

doit yourself <gdiy@gmail.com> 3 March 2011 at 04:18

_OPEN SCHOOL

BACK TO NATURE? FORWARD TO NATURE? UN-CONSERVATIVE CONSERVATIONS OF NEVER BEFORE
EARTH CONNECTIONS

_OS FIELD TRIP TO THE RURAL (ONLY 40MINS DRIVE THEN ___MINS MORE)
IN WHAT PART OF IMPROVISING DOES THE BIOSPHERE COME IN TO PLAY? LET'S GO PLAY WITH IT.
SATURDAY 5th MARCH 9am - 5pm LEAVING IN A MINIBUS: FROM OPPOSITE SAINSBURY'S GARAGE,
WOODLANDS RD

GOING TO: THE CAMPSIE HILLS

SOME FANTASTIC PEOPLE FROM THE CENTRE FOR HUMAN ECOLOGY and PRACTICES EMERGING
FROM THE STRUGGLES FOR CLIMATE AND BIODIVERSITY JUSTICE WILL GUIDE AS THROUGH SOME
EXPERIMENTS WITH THE NATURAL...

...SUBSEQUENTLY _OPEN SCHOOL WILL FACILITATE A COLLECTIVE ANALYSIS AND
REINTERPRETATION OF THESE PRACTICES

~~~HANGOVERS ARE LIKELY TO BE PLENTY (POST-CROC v. CROC) - WE INTEND TO BE VERY HUNG  
OVER AND CATER FOR THIS~~~

MIGHT NEED £2 each for petrol. Do come it'll be the perfect Saturday...

Please bring a packed lunch and warm & waterproof clothing.

Proposed itinerary for Saturday 5th March

9am – meet Duff Street, opposite the Sainsbury's garage on Woodlands Road.

9.00 - 9.45 – travel Ballagen Glen

9.45 -10.00 - introduction to the day

10.00-12.00 – biodiversity/nature walk and talk

12.30-13.00 – break for lunch

13.00-16.00 – exploration of relationship with nature including alone time

16.00-16.45 – drive back to Glasgow

17.00-19.00 – soup and discussion

---

### THE PROPOSITION

---

Adventures in Nature Workshop: ecopsychology and nature exploration

Are we disconnected with the natural world? Does this break-down explain any of our internal or external  
problems as humans? How can we benefit from nature? How do we fit in?

In recent years there has been an increased identification that modern human beings living in the city are suffering  
from a disconnection with the natural cycles of the world and this has and is having significant impacts on us as  
individuals, societies and on the rest of the world through our actions. City living is for many people stressful,  
lonely, claustrophobic and isolated. These feelings and emotions impact our everyday actions and how we relate  
to our surroundings and the world as a whole.

Why are we destroying the planet which supports us? Why do we surround ourselves with concrete? Is it possible  
to create a sane and sustainable society when we are so removed from the cycles and processes of the planet?

This workshop will explore our connections with the natural world and what results when this is absent from our  
lives and societies. We will spend some time in Ballagen Glen looking at natural processes and how species  
relate to one-another using this landscape as an example. After this introduction to the natural world there will be  
a chance to spend some time on our own, experiencing through all senses the the relationships we share with  
nature and explore some ideas from the discipline of ecopsychology. We will conclude the workshop by  
investigating our thoughts from being alone in nature, how we fit into the the bigger picture and what importance a  
connection with the natural world holds for us all.

THANKYOU HOPE TO SEE YOU THERE

L. X X

on behalf of \_OPEN SCHOOL



Video Response: <https://youtu.be/zhrCqDisb68>

